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ORIGINAL RESEARCH

Comparison of one-year clinical outcomes between intravascular ultrasound-guided versus angiography-guided implantation of drug-eluting stents for left main lesions: a single-center analysis of a 1,016-patient cohort

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Background: The importance of intravascular ultrasound (IVUS)-guided stenting of the unprotected left main coronary artery (ULMCA) remains controversial and has not been fully studied in the subset of patients with ULMCA. This study evaluated the clinical outcome of IVUS-guided stenting using a drug-eluting stent for ULMCA.

Methods: A total of 1,016 consecutive patients with ULMCA stenosis who underwent drug-eluting stent implantation from January 2006 to December 2011 were prospectively registered. The primary endpoint of this nonrandomized registry was the rate of one-year major adverse cardiac events (MACE, including cardiac death, myocardial infarction, and target vessel revascularization). Stent thrombosis served as the safety endpoint. Propensity score matching was used to calculate the adjusted event rate.

Results: The unadjusted one-year MACE rate was 14.8% in the IVUS-guided group (n=337, 33.2%), significantly different from the 27.7% ($P<0.001$) in the angiography-guided group (n=679, 66.8%). After propensity score matching, 291 paired patients were matched between the two groups, and the difference in one-year MACE between IVUS-guided (16.2%) versus angiography-guided (24.4%) groups was still significant ($P=0.014$), mainly driven by decreased rates of cardiac death (1.7%) and target vessel revascularization (3.4%) in the IVUS-guided group when compared with 5.2% ($P=0.023$) and 10.0% ($P=0.002$) in the angiography-guided group, respectively. Although it did not reach significance ($P=0.075$), the adjusted one-year rate of stent thrombosis in the angiography-guided group was higher than in the IVUS-guided group.

Conclusion: Compared with angiography guidance, IVUS-guided treatment of ULMCA using a drug-eluting stent was associated with a significant reduction of one-year cardiac death and target vessel revascularization, resulting in less frequent one-year MACE after propensity score matching.

Keywords: unprotected left main, intravascular ultrasound, major adverse cardiac events

Introduction

In the modern drug-eluting stent (DES) era, percutaneous coronary intervention of unprotected left main coronary artery (ULMCA) stenosis has been increasing rapidly.[1] Percutaneous coronary intervention remains a class IIa[2] or IIb[3] recommendation in current practice guidelines because of its higher rates of target vessel revascularization (TVR) in distal ULMCA bifurcation lesions.[4,5] Intravascular ultrasound (IVUS) overcomes many of the limitations of angiography by providing more accurate

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quantitative information about vessel size, lesion length, and lesion sites.[6–8] Previous studies have reported a reduction of unadjusted rates of cardiac death, myocardial infarction, stent thrombosis, and instent restenosis after placement of a DES in the left main artery when guided by IVUS.[9,10] This reduction was consistently noted in a recent meta-analysis by Zhang et al[11] when overall coronary artery lesions were included. Nonetheless, there is still a lack of definitive data regarding the importance of IVUS-guided DES implantation for a diseased left main vessel.[12] Accordingly, this prospective registry is designed to address the clinical benefits of IVUS-guided stenting of ULMCA stenosis.

Materials and methods

Study design and patient population

From January 2006 to December 2011, a total of 1,016 consecutive real-world patients with ULMCA lesions (defined as diameter stenosis ≥50% by visual estimation) treated with DES implantation at our center were prospectively enrolled into this nonrandomized, open-label, single-center registry. Six of the experienced primary operators involved in this research routinely performed IVUS. For the purposes of this study, IVUS was performed at the discretion of the operators who agreed on the definitions of optimal angiographic and IVUS criteria. However, IVUS was also required if the operator needed to know the reference vessel diameter, expanding status of stent struts, instent haziness, strut fracture, or edge dissection. Patients included in the study were divided into an IVUS-guided group and a conventional angiography-guided group. The procedure was considered IVUS-guided when optimal stent implantation was achieved after IVUS assessment or post-dilation was performed after suboptimal stent placement. Patients were included in the angiography-guided group if they had stent implantation by angiography or IVUS defined suboptimal stent placement without further post-dilation (failed to achieve optimal stent implantation successfully or not thought to influence clinical outcomes based on the operator's decision). The clinical outcomes and independent outcome predictors between these two groups were compared.

Both interventionists and surgeons agreed on the treatments of percutaneous coronary intervention. The study was approved by the ethics committee and written informed consent was obtained from all patients prior to inclusion in the study.

Procedures and periprocedural medications

All interventional procedures were performed in accordance with current standards. Use of glycoprotein IIb/IIIa inhibitors, low molecular weight heparin, type of DES, predilation, and intra-aortic balloon pump were at the operator's discretion. A 300 mg loading dose of clopidogrel was administered before the index procedure. Post-dilation using a noncompliant balloon (1.0:1.0 ratio of balloon/stent) was recommended in both groups and upsized as necessary in patients with suboptimal expansion or stent malapposition, as shown by angiography or IVUS. IVUS was performed only if patients were not at risk of circulatory collapse. Post-procedural IVUS was recommended to further evaluate the quality of stenting and was left to the operator's discretion. IVUS images were obtained using a commercially available imaging system with a 40 MHz mechanical transducer (Boston Scientific Corporation, Natick, MA, USA). IVUS-defined optimal results were TIMI (Thrombolysis In Myocardial Infarction) flow grade 3, minimum stent lumen cross-sectional area >6.9 mm^2, full apposition of stent, and no major dissection.[10,13] Angiographic success was defined as TIMI grade 3 and residual stenosis <10%. After the intervention, all patients received aspirin 100 mg/day for life and clopidogrel 75 mg/day for at least 12 months.

Study endpoints and definitions

The primary endpoint was the one-year rate of major adverse cardiac events (MACE), defined as cardiac death, myocardial infarction, and TVR. The safety endpoint was the occurrence of stent thrombosis. All deaths were considered cardiac in origin unless a noncardiac cause was confirmed clinically or at autopsy. Myocardial infarction was diagnosed in accordance with Third Universal Definition of Myocardial Infarction.[14] Target lesion revascularization and TVR were defined as repeat revascularization (including percutaneous coronary intervention and coronary artery bypass grafting) for target lesions and target vessels, respectively, in the presence of symptoms or objective signs of ischemia. Stent thrombosis was then classified by the Academic Research Consortium definition as definite, probable, or possible, and as early (0–30 days post stent implantation), late (31–360 days), or very late (>360 days).[15] The definition of definite stent thrombosis describes symptoms suggestive of an acute coronary syndrome and angiographic or pathological confirmation of stent thrombosis. Probable stent thrombosis included unexplained death within 30 days or target vessel myocardial infarction without angiographic confirmation of stent thrombosis. Possible stent thrombosis included any unexplained death after 30 days. Lesion specificities were defined according to American Heart Association/American College of Cardiology criteria.[16] The New Risk Stratification (NERS) and Synergy between

Percutaneous Coronary Intervention with Taxus and Cardiac Surgery scores (SYNTAX) were prognostication before stenting of unprotected left main stenosis.[17,18]

Clinical follow-up

Clinical follow-up was performed either by telephone or through a clinical office visit. Telephone interviews were conducted at 1, 6, 9, and 12 months. Repeat coronary angiography was scheduled at 12 months after the index procedure, or earlier if clinically indicated. An independent committee that was blinded to the study assessed all clinical events.

Statistical analysis

The Kolmogorov–Smirnov test was used to assess the distribution of continuous variables. Continuous variables were expressed as the mean ± standard deviation or median and were compared using the Student's *t*-test (for normal data) and Mann–Whitney *U*-test (for non-normally distributed variables) as appropriate. Categorical variables were presented as frequencies or percentages and compared using chi-square statistics or Fisher's Exact test. Survival curves were generated by the Kaplan–Meier method and compared using the log-rank test. A propensity score analysis was performed to minimize any selection bias due to differences in baseline characteristics between the two treatment groups.[19] Variables included in the logistic regression model to calculate the propensity score were age, sex, hypertension, diabetes, hyperlipidemia, smoking history, serum creatinine, unstable angina, acute myocardial infarction, chronic renal insufficiency, peripheral arterial disease, left ventricular ejection fraction, previous bypass surgery, previous percutaneous intervention, multivessel disease, use of glycoprotein IIb/IIIa receptor inhibitors, lesion location, lesion tortuosity, calcification or thrombus, restenotic lesion, chronic total occlusion, a transfemoral or transradial approach, and incomplete revascularization. Model discrimination was assessed with the C-statistic and model calibration with the Hosmer–Lemeshow test. The new propensity score was then incorporated into Cox proportional hazards regression models as a covariate to assess the efficacy of IVUS guidance versus angiography guidance. In addition, to reduce the effect of treatment selection bias and potential confounding in this observational study, we performed rigorous adjustment for significant differences in the baseline characteristics of patients with propensity score matching using the following algorithm: 1:1 optimal match with a ±0.03 caliper and no replacement. Multivariable Cox proportional hazards regression modeling was performed to determine independent predictors of the primary endpoint with purposeful selection of covariates. Variables associated at univariate analysis (all with a *P*-value ≤0.1) and those judged to be of clinical importance from previously published reports were eligible for inclusion into the multivariable model-building process. The goodness of fit of the Cox multivariable model was assessed with the Grønnesby–Borgan–May test. The results are reported as hazard ratios with associated 95% confidence intervals and *P*-values. All statistical analyses were performed with Stata version 12.0 (Stata Corporation, College Station, TX, USA).

Results

Of 1,016 patients with ULMCA lesions, 463 (43.4%) were in the group guided by IVUS, and 553 (54.4%) were in the group guided by angiography. In the IVUS-guided group, IVUS-defined optimal results were initially achieved in 232 patients (50.0%). Of 231 patients who initially attained suboptimal results, post-dilation was performed in 105 who were therefore included in the IVUS-guided group; the remaining 126 patients who did not receive post-dilation were included in the angiography-guided group. Thus, there were 337 patients (33.2%) in the IVUS-guided group and 679 (66.8%) in the angiography-guided group who were included in the final analysis (Figure 1).

Baseline clinical characteristics

Baseline clinical characteristics are shown in Table 1. Patients in the angiography-guided group had a lower estimated glomerular filtration rate (69.2±21.6 mL/min/1.73 m^2), lower left ventricular ejection fraction (56.7%±11.7%), and more frequent ST-segment elevation myocardial infarction (11.5%) when compared with the IVUS-guided group (73.3±22.3 mL/min/1.73 m^2, *P*=0.005; 58.7%±10.1%, *P*=0.011; and 7.1%, *P*=0.029, respectively).

Lesions and procedural characteristics

Table 2 shows that patients in the angiography-guided group had more frequent downstream lesions in the left circumflex and right coronary artery, and more chronic total occlusion lesions, with more multivessel disease (57.9%) when compared with the IVUS-guided group (48.4%, *P*=0.004). As a result, the angiography-guided group had a higher risk score stratified by either the Synergy between Percutaneous Coronary Intervention with Taxus and Cardiac Surgery score or New Risk Stratification method.

As reflected by the difference in lesion complexity between the two groups, the transradial approach was used less frequently in the angiography-guided group (50.2%)

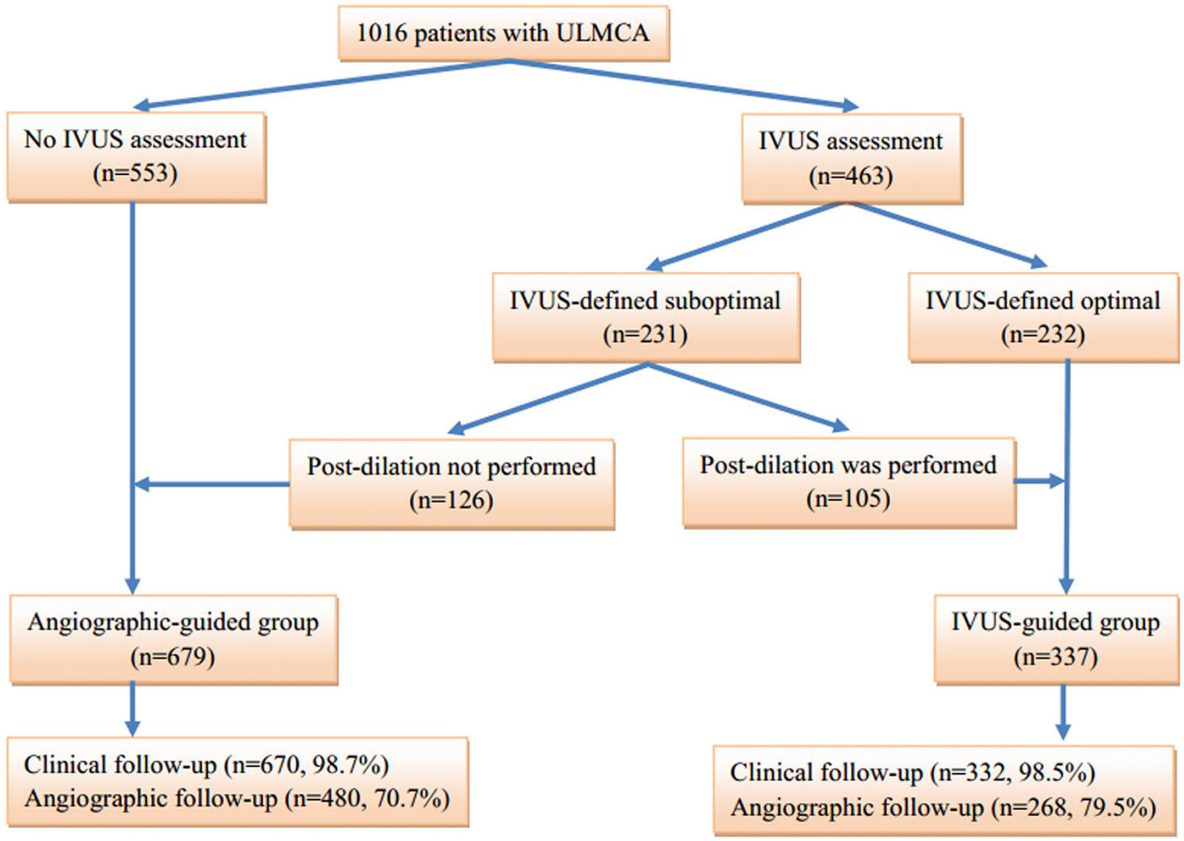

Figure 1 Study flow chart.
Abbreviations: IVUS, intravascular ultrasound; ULMCA, unprotected left main coronary artery.

Table 1 Baseline clinical characteristics of the IVUS-guided and angiography-guided groups

	IVUS-guided (n=337)	Angiography-guided (n=679)	*P*-value
Age, years	66.0±10.4	67.1±10.0	0.098
Males, n (%)	274 (81.3)	526 (77.5)	0.159
BMI, kg/m^2	24.0±3.2	24.3±3.2	0.306
Hypertension, n (%)	244 (72.4)	489 (72.0)	0.897
Hyperlipidemia, n (%)	228 (67.7)	487 (71.7)	0.181
Diabetes, n (%)	109 (32.3)	232 (34.2)	0.562
Stroke, n (%)	14 (4.2)	26 (3.8)	0.802
Current smoker, n (%)	111 (33.1)	230 (34.1)	0.754
Chronic renal insufficiency, n (%)	88 (26.6)	214 (32.3)	0.066
eGFR, mL/min/1.73 m^2	73.3±22.3	69.2±21.6	0.005
Serum creatinine, μmol/L	84.3±24.5	90.4±41.9	0.004
Previous MI, n (%)	60 (17.9)	123 (18.1)	0.920
Acute MI, n (%)	44 (13.1)	104 (15.3)	0.336
STEMI	24 (7.1)	78 (11.5)	0.029
NSTEMI	20 (5.9)	26 (3.8)	0.129
Cardiac shock	5 (1.5)	15 (2.2)	0.431
CHF, n (%)	58 (17.2)	144 (21.2)	0.133
LVEF, %	58.7±10.1	56.7±11.7	0.011
Previous PCI, n (%)	60 (17.8)	119 (17.5)	0.913
Previous CABG, n (%)	2 (0.6)	15 (2.2)	0.069
PAD, n (%)	26 (7.7)	58 (8.5)	0.652

Abbreviations: BMI, body mass index; CABG, coronary artery bypass grafting; eGFR, estimated glomerular filtration rate; IVUS, intravascular ultrasound; MI, myocardial infarction; STEMI, ST-segment elevation myocardial infarction; NSTEMI, non-STEMI; CHF, congestive heart failure; LVEF, left ventricular ejection fraction; PCI, percutaneous coronary intervention; PAD, peripheral artery disease.

Table 2 Lesion characteristics of the IVUS-guided and angiography-guided groups

	IVUS-guided (n=337)	Angiography-guided (n=679)	*P*-value
Right dominant, n (%)	318 (94.4)	644 (94.8)	0.746
Downstream lesion, n (%)			
Lesion number, n, (%)	1.2±1.0	1.3±1.0	0.552
LAD	224 (66.5)	479 (70.5)	0.185
LCX	125 (37.1)	324 (47.7)	0.001
RCA	146 (43.3)	369 (54.3)	0.001
Multivessel disease	163 (48.4)	393 (57.9)	0.004
CTO lesion	55 (16.3)	216 (31.8)	<0.001
LAD	27 (8.0)	114 (16.8)	<0.001
LCX	12 (3.6)	57 (8.4)	0.004
RCA	22 (6.5)	97 (14.3)	<0.001
>1 CTO	7 (2.1)	45 (6.6)	0.002
Lesions in LM, n (%)			
With ostial disease	32 (9.5)	59 (8.7)	0.672
With body disease	16 (4.7)	30 (4.4)	0.812
With whole trunk	60 (17.8)	147 (21.6)	0.152
Isolated bifurcation	191 (56.7)	359 (52.9)	0.252
LM bifurcation lesions by Medina classification, n (%)			
0, 0, 1	4 (1.2)	15 (2.2)	0.257
0, 1, 0	39 (11.6)	78 (11.5)	0.968
0, 1, 1	41 (12.2)	63 (9.3)	0.153
1, 0, 0	14 (4.2)	22 (3.2)	0.458
1, 0, 1	15 (4.5)	25 (3.7)	0.553
1, 1, 0	37 (11.0)	77 (11.3)	0.864
1, 1, 1	140 (41.5)	313 (46.1)	0.169
Lesions characteristics in LM			
Calcification	109 (32.3)	253 (37.3)	0.123
Needing rotablation	9 (2.7)	16 (2.4)	0.761
Restenotic	9 (2.7)	17 (2.5)	0.874
Thrombus-containing	7 (2.1)	16 (2.4)	0.778
CTO	3 (0.9)	7 (1.0)	0.831
TIMI grade 0–2	3 (0.9)	11 (1.6)	0.347
NERS score, points	23.7±12.6	27.2±13.8	<0.001
SYNTAX score, points	28.4±13.8	34.0±15.9	<0.001

Abbreviations: IVUS, intravascular ultrasound; LAD, left anterior descending artery; LCX, left circumflex artery; RCA, right coronary artery; LM, left main stem; CTO, chronic total occlusion; TIMI, Thrombolysis in Myocardial Infarction; NERS, NEw Risk Stratification; SYNTAX, SYNergy between percutaneous coronary intervention with TAXus and cardiac surgery.

than in the IVUS-guided group (62.9%, $P<0.001$). Notably, a larger stent (3.5±0.4 mm) and noncompliant balloon (3.8±0.5 mm) for post-dilation were required in the IVUS-guided group, significantly different to those in the angiography-guided group (3.4±0.4 mm and 3.6±0.4 mm, $P=0.001$ and $P<0.001$, respectively, Table 3). Finally, there were lower rates of complete revascularization (58.3%) and angiographic success (93.5%) in the angiography-guided group when compared with 74.8% ($P<0.001$) and 99.7% ($P<0.001$) in the IVUS-guided group, respectively.

Unadjusted clinical outcomes

Clinical follow-up was available in approximately 99% of patients. Angiographic follow-up was conducted in 79.5% of patients in the IVUS-guided group and in 70.7% of those in the angiography-guided group. Unadjusted clinical outcomes are summarized in Table 4. At one-year follow-up, the incidence of cardiac death, myocardial infarction, and TVR in the IVUS-guided group was 1.8%, 11.3%, and 3.3%, respectively, which was significantly less than the 6.2% ($P=0.002$), 17.2% ($P=0.013$), and 11.8% ($P<0.001$) in the angiography-guided group, resulting in less frequent composite MACE in the IVUS-guided group (14.8% versus 27.7%, $P<0.001$). The occurrence of stent thrombosis was 2.7% in the angiography-guided group, and higher than in the IVUS-guided group (0.6%, $P=0.026$).

Propensity score matching

The propensity score was calculated, and indicated good predictive value (C-statistic 0.78) and calibration characteristics (Hosmer–Lemeshow statistic 9.64, $P=0.29$). After propensity score matching, 291 pairs of patients were

Table 3 Procedural characteristics of the IVUS-guided and angiography-guided groups

	IVUS-guided (n=337)	Angiography-guided (n=679)	*P*-value
Transradial, n (%)	212 (62.9)	341 (50.2)	<0.001
Urgent procedures, n (%)	19 (5.6)	56 (8.2)	0.134
Temporary pacing, n (%)	3 (0.9)	12 (1.8)	0.275
IABP, n (%)	20 (5.9)	57 (8.4)	0.163
IIb/IIIa inhibitor used, n (%)	22 (6.5)	54 (8.0)	0.416
Predilation, n (%)	145 (43.0)	371 (54.6)	<0.001
Stent in LM			
Sirolimus-eluting stent, n (%)	296 (87.8)	583 (86.0)	0.120
Stent number, n	1.5±0.6	1.4±0.6	0.377
Diameter, mm	3.5±0.4	3.4±0.4	0.001
Length, mm	35.4±18.0	33.3±16.2	0.063
Two-stent techniques for LM bifurcation	154 (45.7)	280 (41.2)	0.176
DK crush	70 (45.5)	110 (39.3)	0.212
Crush (Classic crush, Mini-crush, Reverse crush)	11 (7.1)	23 (8.2)	0.691
Culotte	53 (34.4)	72 (25.7)	0.055
T stenting	13 (8.4)	56 (20.0)	0.002
V/SKS stenting	7 (4.5)	19 (6.8)	0.347
Post-dilation	321 (98.2)	543 (98.2)	1.0
Maximum balloon diameter, mm	3.8±0.5	3.6±0.5	<0.001
Ratio of balloon and stent diameter	1.1±0.1	1.1±0.1	0.033
Maximum pressure, atm	16.5±3.8	16.2±4.0	0.387
Complete revascularization, n (%)	252 (74.8)	396 (58.3)	<0.001
Final TIMI grade 3, n (%)	337 (100)	676 (99.6)	0.555
Angiographic success	336 (99.7)	635 (93.5)	<0.001

Abbreviations: IABP, intra-aortic balloon pump; IVUS, intravascular ultrasound; LM, left main stem; DK, double kissing; SKS, simultaneous kissing stents; TIMI, Thrombolysis in Myocardial Infarction.

Table 4 Clinical outcomes in the IVUS-guided and angiography-guided groups

	IVUS-guided (n=337)	Angiography-guided (n=679)	*P*-value
In-hospital, n (%)			
Cardiac death	1 (0.3)	16 (2.4)	0.016
MI	36 (10.7)	105 (15.5)	0.038
STEMI	2 (0.6)	15 (2.2)	0.059
NSTEMI	34 (10.1)	90 (13.3)	0.147
TLR	0	7 (1.0)	0.142
CABG	0	0	
TVR	1 (0.3)	13 (1.9)	0.072
MACE	37 (11.0)	115 (16.9)	0.012
Stent thrombosis	0	8 (1.2)	0.104
Definite	0	5 (0.7)	0.270
Probable	0	3 (0.4)	0.543
At one year, n (%)			
Cardiac death	6 (1.8)	42 (6.2)	0.002
MI	38 (11.3)	117 (17.2)	0.013
STEMI	4 (1.2)	23 (3.4)	0.040
NSTEMI	34 (10.1)	96 (14.1)	0.069
TLR	8 (2.4)	64 (9.4)	<0.001
CABG	1 (0.3)	6 (0.9)	0.508
TVR	11 (3.3)	80 (11.8)	<0.001
MACE	50 (14.8)	188 (27.7)	<0.001
Stent thrombosis	2 (0.6)	18 (2.7)	0.026
Definite	0	9 (1.3)	0.077
Probable	0	6 (0.9)	0.195
Late	2 (0.6)	7 (1.0)	0.730

Abbreviations: IVUS, intravascular ultrasound; MI, myocardial infarction; STEMI, ST segment elevation myocardial infarction; NSTEMI, non-ST segment elevation myocardial infarction; TLR, target lesion revascularization; CABG, coronary artery bypass grafting; TVR, target vessel revascularization; MACE, major adverse cardiac events.

matched (Supplementary material, Table S1), and there was a significant difference in composite MACE between the IVUS-guided group (16.2%) and the angiography-guided group (24.4%, *P*=0.013, Table 5, Figure 2), mainly driven by increased cardiac death (5.2% versus 1.7%, *P*=0.023) and TVR (10.0% versus 3.4%, *P*=0.014) in the latter group. By Cox regression multivariable analysis, the only independent predictor of MACE was IVUS guidance (hazard ratio 0.66, 95% confidence interval 0.46–0.96, *P*=0.024).

Discussion

The major finding of this study was that IVUS-guided stenting for ULMCA lesions was associated with dramatic reductions in both the unadjusted and adjusted one-year rate of composite MACE, mainly due to a significant reduction of cardiac death and TVR.

ULMCA stenosis is characterized by frequent distal bifurcation involvement, larger parent and daughter vessel diameters, and wider distal bifurcation angle.[2,3,12] It is still unclear whether clinical outcomes of ULMCA intervention using DES could be improved by IVUS guidance. A meta-analysis by Zhang et al demonstrated that the IVUS-guided DES implantation is associated with significant reductions in death, MACE, and stent thrombosis when compared with angiographic guidance.[11] Also, data from the Efficacy of Xience/promus versus Cypher in rEducing Late Loss after stENTing (EXCELLENT) trial (ClinicalTrials.gov identifier NCT00698607) showed that IVUS-guided stenting for non-left main lesions had higher release of periprocedural myocardial biomarkers, reflecting the more aggressive procedures performed with IVUS guidance.[20] Furthermore, a subgroup analysis from the MAIN-COMPARE (Revascularization for Unprotected Left Main Coronary Artery Stenosis: Comparison of Percutaneous Coronary Angioplasty Versus Surgical Revascularization) study showed that 3-year mortality was significantly lower in the IVUS-guided group than in the angiography-guided group.[12] It should be noted that the risks of myocardial infarction and TVR were not influenced by IVUS guidance in that study. Overall, the current data regarding the importance of IVUS-guided stenting of ULMCA lesions is insufficient to provide clinical advantages.

In our study, patients in the angiography-guided group had more frequent comorbidities and more complex lesions, ie, more downstream lesions, chronic total occlusion lesions, ST-segment elevation myocardial infarction, renal insufficiency/impairment, left ventricular dysfunction, and higher

Table 5 Clinical outcomes after propensity score matching

	IVUS-guided (n=291)	Angiography-guided (n=291)	*P*-value
In-hospital, n (%)			
Cardiac death	1 (0.3)	3 (1.0)	0.616
MI	35 (12.0)	39 (13.4)	0.619
STEMI	2 (0.7)	5 (1.7)	0.447
NSTEMI	33 (11.3)	34 (11.7)	0.897
TLR	0	2 (0.7)	0.479
CABG	0	0	
TVR	1 (0.3)	3 (1.0)	0.616
MACE	36 (12.4)	41 (14.1)	0.541
Stent thrombosis	0	3 (1.0)	0.247
Definite	0	2 (0.7)	0.479
Probable	0	1 (0.3)	1.000
At one year, n (%)			
Cardiac death	5 (1.7)	15 (5.2)	0.023
MI	36 (12.4)	44 (15.1)	0.336
STEMI	3 (1.0)	10 (3.4)	0.050
NSTEMI	33 (11.3)	35 (12.0)	0.796
TLR	8 (2.7)	24 (8.2)	0.004
CABG	1 (0.3)	1 (0.3)	1.000
TVR	10 (3.4)	29 (10.0)	0.002
MACE	47 (16.2)	71 (24.4)	0.014
Stent thrombosis	1 (0.3)	7 (2.4)	0.075
Definite	0	2 (0.7)	0.479
Probable	0	3 (1.0)	0.247
Late	1 (0.3)	2 (0.7)	1.000

Abbreviations: IVUS, intravascular ultrasound; MI, myocardial infarction; STEMI, ST-segment elevation myocardial infarction; NSTEMI, non-ST segment elevation myocardial infarction; TLR, target lesion revascularization; CABG, coronary artery bypass grafting; TVR, target vessel revascularization; MACE, major adverse cardiac events.

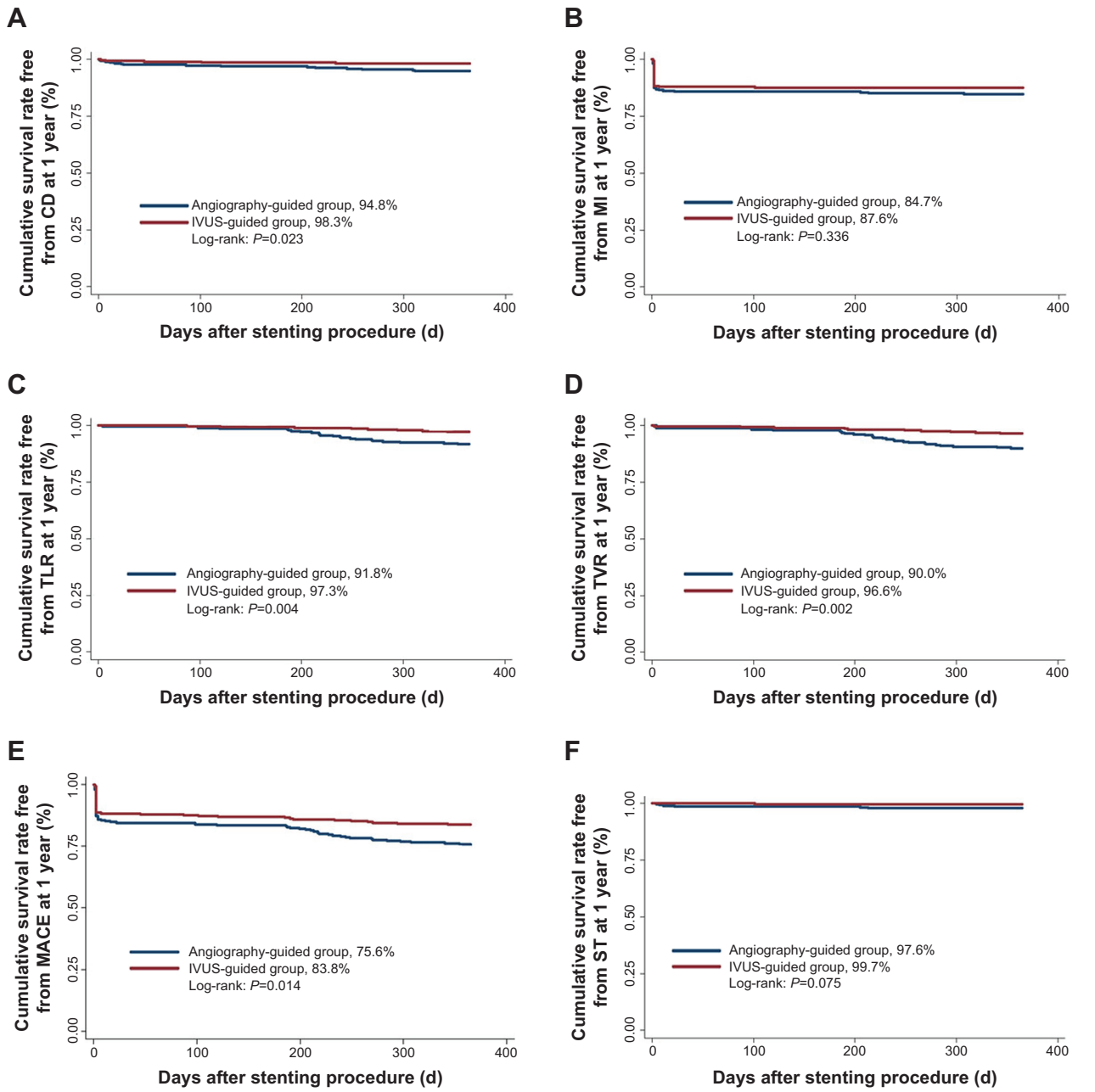

Figure 2 Freedom from cardiac events in intravascular ultrasound guidance versus angiography guidance in the propensity score-matched population. Freedom from cardiac death (CD) (**A**), myocardial infarction (MI) (**B**), target lesion revascularization (TLR) (**C**), target vessel revascularization (TVR) (**D**), major adverse cardiac events (MACE) (**E**), and stent thrombosis (ST) (**F**) after intravascular ultrasound guidance (red line) versus angiography guidance (blue line) at one-year follow-up in the propensity score-matched population.

risk scores.[16,17,21] These factors, which make this subset of patients more high risk, may have influenced the primary operators against the use of IVUS. The unadjusted difference in either composite MACE or individual endpoints between these two groups may be undermined by the discrepancies in baseline characteristics of the angiography-guided group. Nevertheless, after propensity score matching, the difference in composite MACE between the two groups was sustained and the results were still favorable towards the use of IVUS guidance. Notably, the wider unadjusted range of myocardial infarction between these two groups became narrower after propensity score matching; cardiac death and TVR were still commonly seen in the angiography-guided group. Possible reasons for the favorable results using IVUS guidance include its more accurate quantification of stent diameter, less late loss, and fewer requirements for revascularization. Moreover, the stent thrombosis rate in the angiography-guided group was eight times higher when compared with the IVUS-guided

group, implying that the difference in stent thrombosis rate would be significant if the sample size was expanded further, a postulation confirmed by our previous study of patients with coronary bifurcation lesions.[9] All these results strongly support IVUS guidance as being the only independent factor of MACE by multivariate analysis.

Park et al[12] reported significant reduction of mortality when guided by IVUS in the MAIN-COMPARE study; this was in line with our data. In contrast with our findings, they did not identify a decrease in the rate of TVR in the IVUS-guided group. This difference might be due to the different definitions of IVUS guidance used in these two studies. In the MAIN-COMPARE registry, the procedure was considered IVUS-guided when IVUS assessment was performed to evaluate stenting status, a definition that included patients with suboptimal results but without further interventions. In contrast, patients in our study were considered angiography-guided if further intervention was not performed after IVUS assessment. We believe our definition of IVUS-guided DES implantation reflected the real grouping of IVUS guidance versus non-IVUS guidance. Furthermore, the differences in techniques and types of DES used as well as duration of follow-up may be other factors contributing to the discrepancy in clinical results between these studies, despite the fact that both demonstrated an overall significant reduction in mortality by IVUS guidance.

Study limitations

The current study has several limitations. It is underpowered because it was an open-label, nonrandomized registry consisting of a small cohort of patients. Use of a larger patient population and propensity score matching would overcome these problems. Second, quantitative IVUS and angiographic analysis were not performed. Third long-term follow-up after DES implantation was not done. Extended follow-up may be critical to assess the long-term clinical benefit of IVUS-guided ULMCA stenting. Finally, although the distal segment of the left main is commonly involved, we did not perform a subgroup analysis to elucidate the importance of IVUS guidance for distal left main lesions in this cohort of all left main lesions.

Conclusion

Our registry demonstrates that, after propensity score matching, IVUS-guided ULMCA stenting was associated with reduced one-year MACE compared with angiography-guided stenting, mainly driven by a decrease in cardiac death and TVR. However, a randomized study with a larger patient sample size is needed to further address the real advantages of IVUS over angiography guidance in this patient and lesion subset.

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Disclosure

The authors report no conflicts of interest in this work.

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Supplementary material

Table S1 Baseline clinical, angiographic, and procedural characteristics after propensity matching

	IVUS-guided (n=291)	Angiography-guided (n=291)	*P*-value
Clinical variables			
eGFR, mL/min/1.73 m^2	72.2±21.0	69.8±20.1	0.160
Serum creatinine, μmol/L	83.1±25.6	87.3±30.0	0.070
STEMI	26 (8.9)	28 (9.6)	0.775
LVEF, %	57.3±10.2	56.9±8.2	0.602
Angiographic variables			
Downstream lesion, n (%)			
LCX	107 (36.8)	117 (40.2)	0.394
RCA	141 (48.5)	152 (52.2)	0.362
Multivessel disease	143 (49.1)	155 (53.2)	0.320
CTO lesion	59 (20.3)	73 (25.1)	0.166
LAD	28 (9.6)	39 (13.4)	0.153
LCX	19 (6.5)	23 (7.9)	0.522
RCA	21 (7.2)	30 (10.3)	0.187
>1 CTO	11 (3.8)	17 (5.8)	0.245
NERS score, points	26.7±11.9	28.1±14.3	0.200
SYNTAX score, points	30.1±16.2	32.0±13.8	0.128
Procedural variables			
Transradial, n (%)	166 (57.0)	157 (53.9)	0.453
Predilation, n (%)	143 (49.1)	152 (52.2)	0.456
Stent diameter in LM, mm	3.5±0.4	3.4±0.8	0.057
T stenting techniques for LM bifurcation	36 (12.3)	51 (17.5)	0.081
Maximum balloon diameter, mm	3.7±0.1	3.6±0.9	0.060
Ratio of balloon and stent diameter	1.1±0.6	1.1±0.2	1.000
Complete revascularization, n (%)	185 (63.6)	175 (60.1)	0.557
Angiographic success	283 (97.3)	281 (96.6)	0.632

Abbreviations: eGFR, estimated glomerular filtration rate; STEMI, ST-segment elevation myocardial infarction; LVEF, left ventricular ejection fraction; LAD, left anterior descending artery; LCX, left circumflex artery; RCA, right coronary artery; LM, left main; CTO, chronic total occlusion; TIMI, Thrombolysis in Myocardial Infarction; NERS, NEw Risk Stratification; SYNTAX, SYNergy between percutaneous coronary intervention with TAXus and cardiac surgery.